

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Closed	9:00 Breakfast 10:00 Trivia 11:00 Sit & Be Fit 12:00 Lunch 1:00 Games 2:00 Snacks/ Music 3:00Dancing Party 4:00 Detective Search Canada Day	9:00 Breakfast 10:00 Trivia 11:00 Chair Yoga 12:00 Lunch 1:00 Chair Volleyball 2:00 Ice cream Social 3:00 Bingo/ Prize Day 4:00 Hole In One Golf	9:00 Breakfast 10:00 Trivia 11:00 Chair Aerobics 12:00 BBQ Lunch 1:00 4th of July Party 2:00 Ice cream Social 3:00 Bingo/ Prize Day 4:00 Wii Bowling	Closed Independence Day (US)	9:00 Breakfast 10:00 Trivia 11:00 Upper Body Strength 12:00 pizza 1:00 Chair Volleyball 2:00 Ice cream Social 3:00 Bingo/ Prize Day 4:00 Hole In One Golf	9:00 Breakfast 10:00 Trivia 11:00 Chair Yoga 12:00 pizza 1:00 Chair Volleyball 2:00 Ice cream Social 3:00 Bingo/ Prize Day
Closed	9:00 Breakfast 10:00 Trivia 11:00 Tai Chi 12:00 Lunch 1:00 Uno 2:00 Snacks/ Music 3:00 Bingo/ Prize Day 4:00 Hole In One Golf	9:00 Breakfast 10:00 Trivia 11:00 Chair Dancing 12:00 Taco Tuesday 1:00 Chair Volleyball 2:00 Ice cream Social 3:00 Bingo/ Prize Day 4:00 Hole In One Golf	9:00 Breakfast 10:00 Trivia 11:00 Chair Yoga 12:00 Lunch 1:00 Painting Class 2:00 Ice cream Social 3:00 Bingo/ Prize Day 4:00 Tic* Tac* Toe	9:00 Breakfast 10:00 Trivia 11:00 Sit & Be fit 12:00 Lunch 1:00 Chair Volleyball 2:00 Snacks/ Music 3:00 Bingo/ Prize Day 4:00 Puzzles	9:00 Breakfast 10:00 Trivia 11:00 Lower Body Strength 12:00 Pizza 1:00 Art Class 2:00 Ice cream sundae 3:00 Bingo/ Prize day 4:00 Word Search	Open fun Day!!!
Closed	9:00 Breakfast 10:00 Trivia 11:00 Chair Exercises 12:00 Lunch 1:00 Cards 2:00 Ice cream Social 3:00 Bingo/ Prize Day 4:00 Hole In One Golf	9:00 Breakfast 10:00 Trivia 11:00 Chair Yoga 12:00 Lunch 1:00 Chair Volleyball 2:00 Snacks/ Music 3:00 Bingo 4:00 Hole In One Golf	9:00 Breakfast 10:00 Trivia 11:00 Chair Aerobics 12:00 Lunch 1:00 Live Music- Frank Sinatra 2:00 Sundae Making 3:00 Bingo/ Prize Day 4:00 Horse Shoes	9:00 Breakfast 10:00 Trivia 11:00 Lower Body Strength 12:00 Lunch 1:00 Chair Volleyball 2:00 Snacks/ Music 3:00 Pup Project 4:00 Hole In One Golf	9:00 Breakfast 10:00 Trivia 11:00 Tai Chi 12:00 Pizza 1:00 Chair Volleyball 2:00 Ice cream social 3:00 Random Acts Of Flowers 4:00 I love Lucy	9:00 Breakfast 10:00 Trivia 11:00Hole In One Golf 12:00 Lunch 1:00 Art Class 2:00 Ice cream social 3:00 Movie Time
Closed	9:00 Breakfast 10:00 Trivia 11:00 Upper Body Strength 12:00 Lunch 1:00 Poker 2:00 Ice cream Social 3:00 Bingo/ Prize Day 4:00 Puzzles	9:00 Breakfast 10:00 Trivia 11:00 Chair Aerobics 12:00 Lunch 1:00Chair Volleyball 2:00 Ice cream Social 3:00 Poker 4:00 Wii Bowling	9:00 Breakfast 10:00 Trivia 11:00 Chair Exercises 12:00 Lunch 1:00 Water Color Class 2:00 Snacks/ Music 3:00 Bingo/ Prize Day 4:00Bean Bag Toss	9:00 Breakfast 10:00 Trivia 11:00 Sit & Be Fit 12:00 Lunch 1:00 Chair Volleyball 2:00 Snack/ Music 3:00 Wood Working 4:00 Basketball	9:00 Breakfast 10:00 Trivia 11:00 Tai Chi 12:00 Pizza 1:00 Chair Volleyball 2:00 Ice cream Social 3:00 Bingo/ Prize Day 4:00 Movie time	9:00 Breakfast 10:00 Trivia 11:00 Games* 12:00 Secret Lunch Outing 2:00 Ice cream social 3:00 Bingo/ Prize day
Closed	9:00 Breakfast 10:00 Trivia 11:00 Upper Body Strength 12:00 Lunch 1:00 Sing- A longs 2:00 Ice cream Social 3:00 Bingo/ Prize Day 4:00 Tic* Tac *Toe	9:00 Breakfast 10:00 Trivia 11:00 Chair Yoga 12:00 Lunch 1:00 Chair Volleyball 2:00 Snacks/ Music 3:00 Bingo 4:00 Word Search	9:00 Breakfast 10:00 Trivia 11:00 Chair Dancing 12:00 Lunch 1:00 Live Music Elvis 2:00 Ice cream Social 3:00 Bingo/ Prize Day 4:00 Hole In One Golf	Open Saturdays 9-4Pm <div>July 2019</div> Daycations Adult Day Care *Activities Subject to Change		